

## The Language of Herbs

|                     |                                 |
|---------------------|---------------------------------|
| <i>Bay wreath</i>   | Honour                          |
| <i>Basil</i>        | Love                            |
| <i>Balm</i>         | Sympathy                        |
| <i>Chamomile</i>    | Energy in adversity, initiative |
| <i>Coriander</i>    | Concealed merit, hidden worth   |
| <i>Cowslip</i>      | Pensiveness, happiness          |
| <i>Elder</i>        | Zealousness                     |
| <i>Fennel</i>       | Force and strength              |
| <i>Garden sage</i>  | Esteem                          |
| <i>Hop</i>          | Injustice                       |
| <i>Hyssop</i>       | Cleanliness                     |
| <i>Lavender</i>     | Distrust                        |
| <i>Marjoram</i>     | Joy                             |
| <i>Mint</i>         | Virtue                          |
| <i>Nasturtium</i>   | Patriotism, optimism, splendour |
| <i>Parsley</i>      | Celebration, festivity          |
| <i>Pennyroyal</i>   | Flee away                       |
| <i>Peppermint</i>   | Cordiality                      |
| <i>Rocket</i>       | Rivalry                         |
| <i>Rosemary</i>     | Remembrance                     |
| <i>Sage</i>         | Virtue, wisdom                  |
| <i>Sorrel</i>       | Affection                       |
| <i>Southernwood</i> | Bantering, jest                 |
| <i>Spearmint</i>    | Warmth of sentiment             |
| <i>Sweet basil</i>  | Good wishes                     |
| <i>Thyme</i>        | Energy, affection               |
| <i>Verbena</i>      | You have my confidence          |